YOUR ROADMAP

Step Activation Process to become an Internationally Accredited Sound Therapist with Sound Healing School UK



ACTIVATION 1

THE BASICS OF SOUND HEALING

An introductory course | Online or In-person | 1 day or 3 x 2hr sessions | Completion compulsory to progress to Activation 2



ACTIVATION 2

CERTIFICATE IN SOUND HEALING

In-person course over 2 days -qualifies you to use sound therapy for group sessions |
Completion compulsory to progress to Activation 3



ACTIVATION 3

SOUND THERAPY DIPOLMA

In-person course over 3 days - qualifies you to provide accredited 1:1 sound therapy



ACTIVATION 4

MINDFUL MARKETING FOR HOLISTIC HEALTHCARE PRACTITIONERS

Online or In-person - optional workshop(s) for bourgeoning holistic therapists



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ACTIVATION 1

THE BASICS OF SOUND HEALING

An introductory course | Online or In-person | 1 day or 3 x 2hr sessions | Completion compulsory to progress to Activation 2

COURSE CONTENT

History and Traditions

Sound Healing Around the World
Singing Bowl Origins
Ancient Chinese Bells
Bonpo Connection

Technical Aspects of Sound Healing

Frequency
Resonance
Cymatics
Entrainment and Brain Waves

SpirItual Aspects of Sound Healing

What is Healing?
The Importance of Intent and Intuition
Chakras and Balance



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ACTIVATION 2

CERTIFICATE IN SOUND HEALING

In-person course over 2 days - qualifies you to use sound therapy for group sessions | Completion compulsory to progress to Activation 3

COURSE CONTENT

Holding and Grounding Space/Space Clearing
Guiding Meditation

Exploration of different Sound Healing Instruments &

Practical Application

Scene-Setting and Set-Up

Breathing Techniques

Playing Techniques - Tibetan Singing Bowls, Crystal Singing

Bowls, Gongs and Percussion

The Relationship between Sound and Silence

The Holisitc Approach

Group Sound Bath Practical Assessment



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ACTIVATION 3

SOUND THERAPY DIPOLMA

In-person course over 3 days + Case Studies qualifies you to provide accredited 1:1 sound therapy

COURSE CONTENT

Chakra Healing

Yoga Nidra

Client 1:1 Assessment

Sound Bowl Massage

Interactive Sessions with Fellow Students

Self-Care and Spiritual Evolution

Caring for your Instruments

Sound and Sacred Geometry

Case studies (held between days 1 & 2)

1:1 Sound Therapy Practical Assessment



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ACTIVATION 4

MINDFUL MARKETING 1-DAY COURSE ONLINE

Optional Workshop - FREE for Diploma Students | Small Charge for Certificate Holders

Finding your Voice

Discovering your Niche

Branding

Promotional Activity

Working with other Practitioners



ALSO INCLUDED

Extensive and Active Support Network of Graduate Students

Workbooks for Each Activation Level

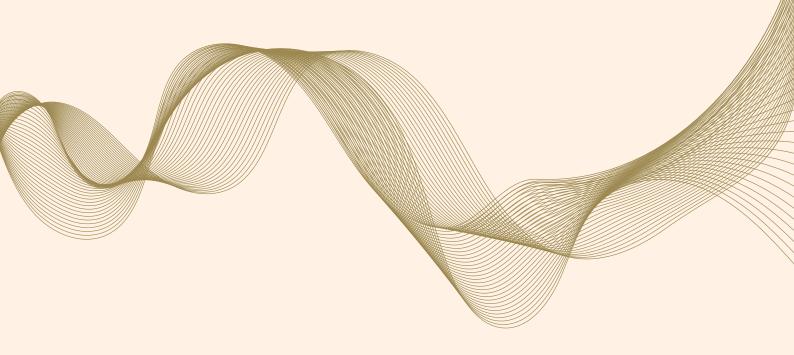
Self & Spiritual Awareness Development

Monthly Group Coaching Calls

Recommended Reading

Support & Signposting for Instrument Purchase
Insurance and Certification

Access to pages on www.soundhealingschooluk.com site for
Associated Documents, Chat and More
Ongoing 1:1 Support from Instructors, as required





INVESTMENT

Activation 1: The Basics of Sound Healing

Introductory Course | Time to complete: 1 day in person or 3 x 2 hour sessions online

Cost: £250*

Activation 2: Group Certificate in Sound Healing

Time to complete: 2 days in person

Cost: £1000*

Activation 3: 1:1 Sound Therapy Diploma

Time to complete: 3 days in person plus case studies (in own time)

Cost: £1250*

- If you apply for Activation 1 & 2 together, the cost for paying in full is £1250 or £1500 if paid in instalments*
- If you apply for all activation levels at once, the accreditation costs £1750 (which is a 30% discount on taking the courses separately) or £2000 (-20%) if paid via instalments (2-9 months).*

Please note: Activation 1 is required to complete Activation 2 and both Activations 1 & 2 are required for Activation 3.

The Diploma includes an optional 4-hour Mindful Marketing Workshop, which certificate holders may join for a small charge. Both Certificate and Diploma includes free and ongoing monthly group support calls on zoom. Date and times TBC.

*VAT: VAT is applied for all deposits and training booked for Surrey (as SHSUK HQ) - but this is included in the total price stated. I.e. there is no total cost difference between all the Hub locations.

ACCREDITATION

All Activations are accredited by the IPHM (International Practitioners of Holistic Medicine) allowing you to practice as a Sound Therapy Practitioner for group and 1:1 sessions.





www.soundhealingschooluk.com www.heronmoon.co.uk